



## **Breast Cancer as we age..**

**2nd leading cause of cancer deaths in women**

**KNOW THE SIGNS....**

**Wednesday, October 26th**

**1:00 p.m.**

**Pleasant Street Center  
49 Pleasant Street, Reading, MA**

**Guest Speaker:**

**Carolyn "Lyndy" Fallica, Nurse Practitioner  
Oncology for Hallmark Health System**

**Lyndy has been an oncology nurse for over 30 years.**

**She will discuss:**

- **what to do to lower your risk for breast cancer**
- **how to detect the disease at an early stage**
- **what to expect upon diagnosis**

**Sponsored by Hallmark Health VNA & Hospice and  
Reading Elder/Human Services**

**For more information call 781-942-6794**