



# Chocolate, The Perfect Indulgence

Tuesday, January 19

10:15 am



Join Mike Cross from Northern Essex Community College. Mike is the Department Chair of Natural Sciences at NECC

- ♥ Learn which chemicals elicit biochemical reactions in the human brain, making chocolate the perfect indulgence.
- ♥ Learn how to taste chocolate for quality and to eat it, too!
- ♥ Enjoy chocolate samples.

Pleasant Street Center  
49 Pleasant Street  
Reading, MA

Reservations requested: call 781-942-6794

This program is available to you from the Speakers' Bureau at NECC and the Reading Council on Aging.

Reading Elder/Human Services  
49 Pleasant Street  
Reading, MA 01867  
Questions? Call (781) 942-6794

