



# Pleasantries

## Reading Senior Newsletter

Mailed to all seniors in February, June, and October

www.readingma.gov/elder

February 2012

### Elder / Human Services

16 Lowell St.  
781-942-6608  
Fax 781-942-9071  
M, W, & Th. 7:30 - 5:30 p.m.  
Tuesday 7:30 - 7:00 p.m.

### Senior Center

49 Pleasant St.  
781-942-6794  
Fax 781-942-9034  
Mon.- Fri. 8:30 - 4:00 p.m.

### Elder/Human Administrator

Jane Burns  
781-942-6658

### Clerk

Ann Gentile  
781-942-6608

### Nurse Advocate

Dianne Luther, RN  
781-608-5271

### Senior Center Coordinator

Sharon Thomas  
781-942-6796

### Social Worker

Marie Ammer, LCSW  
781-942-6659

### Van Driver

Joe Beninati

### Council on Aging

Steve Oston, Chairman  
Carol Oniskey, Vice Chairman  
Erica Deane, Secretary  
Marguerite Bosnian  
Dolly DeRosa  
Margaret Havey  
Sally Hoyt  
Carole Scrima  
Jean Prato  
Kevin Walsh

## Important Notice




### A WARNING NOTICE FOR OUR ELDERS RESIDING IN READING - PLEASE READ THE INFORMATION BELOW!


**Fraudulent Phone Calls Targeting the Elders:** Information has been received regarding suspicious calls received by elders from individuals wishing to update/verify bank account information. The caller has a very thick accent, noise in the background and has the elders name and address. In some cases the caller states their Medicare benefits will be discontinued if they did not provide their account number and ABA. Some of the victims claim the calls are coming from Social Security, while others claim to be from Medicare. **Medicare is NOT calling anybody!! Do NOT give your Medicare # or your Social Security # to anyone unless you have initiated the call!** If you feel that something is "not quite right" with a phone call, **simply hang up.** We suggest you contact the local police department and Elder Services to make them aware you have received this type of call. If you have any questions or concerns regarding Medicare, please call 1-800-MEDICARE (1-800-633-4223)

## SPECIAL EVENTS




**Monday, February 13 - Come celebrate your BIRTHDAY.**

Tell the receptionist it is your birthday and receive a gift and your lunch is free. For everyone else the suggested donation for lunch is \$1.50. 

**Tuesday, February 14 - Valentine's Day, Special Lunch** Entertainment by Diane Dexter, singer/pianist. Suggested donation for lunch is \$1.50. (Bingo will start at 1:30) 

**Tuesday, February 14 - Nurse Advocate visit to Cedar Glen** (see page 3 for more information)

**Tuesday, February 21 - Mardi Gras Party,** desserts and decorations sponsored by Longwood Place. Surprise entertainment. 

### IMPORTANT SYMBOLS

Registration Required  
781-942-6794



Free Transportation  
781-942-6794



Van pickups begin 30 min. - 1 hour in advance. Please be ready. Thank you.

**Reservations start January 26th**  
Please call by noon at least two days before the event between 9:00 - 4:00

### Table of Contents

Special Notices	Page 1
Ongoing Events	Page 2 & 3
Calendar	Page 4 & 5
Classes, Crafts & Games	Page 6
Announcements/Medicare Updates	Page 7
Fun and Games	Page 8

## Ongoing Activities




*I feel pretty... oh so pretty..*




**Bereavement Support Group** Wednesday, February 1 & 15 - 1:30 - 3:00 p.m. Lounge  
Drop-ins are always welcome.

**SHINE Counseling** Friday, February 10 - 9:00 a.m. - 12:00 p.m. and 12:30 - 2:30 p.m. - Computer Room  
Kelly Malin, the SHINE Counselor, will be at the Senior Center to help answer your medical insurance question. Please call 781-942-6659 to make an appointment.


**Movie Monday, February 13 - 12:45 - Lounge -**   
**The Conspirator - 2010 - 122 Minutes -**

Robert Redford directs this gripping historical drama that follows the efforts of young lawyer Frederick Aiken (James McAvoy) as he defends Mary Surratt (Robin Wright Penn), a Confederate sympathizer accused of conspiring to assassinate Abraham Lincoln. Realizing that Surratt may in fact be innocent, Aiken defies public opinion and risks everything to get her acquitted. The stellar cast also includes Tom Wilkinson, Kevin Kline and Alexis Bledel.

**Fix-It and Lamp Repair Shop** Tuesday, February 14  
The shop is open for business - if you have a lamp that is in need of repair, please leave it at the Senior Center reception desk with a note to the volunteer advising what needs to be done, and your name and phone number. Your cost is for parts only. The volunteer will call you when it is ready.

**Fuel Assistance (Arts & Crafts Rm.)**   
Tuesday, February 14 - 9:00 a.m. - 12:30 p.m. -  
Linda M. Soucy, LIHEAP Program Director Greater Lawrence Community Action Council, Inc. will be at Reading Sr. Center and take applications for Reading residents for fuel assistance the third Tuesday of each month. Call to make an appointment at 781-942-6794; or go to Lawrence GLCAC, 305 Essex Street, Lawrence, MA 978-681-4950

**Coffee Social** Wednesday, February 15 - 9:30 a.m. Great Rm  
Join us for a drop in coffee hour. Visit with old friends and meet new ones.

**Lunch is Served—Come Meet Your Neighbors**   
Join us at noon every weekday (except holidays) for a terrific meal, good conversation, and occasional live entertainment. Lunch is sponsored by Mystic Valley Elder Services. Although there is no cost for the senior meal, it is suggested that guests make a donation of \$1.50 (under age 60, cost is \$3.00). To make reservations, call 781-942-6794 at least 2 days in advance.

## Facials

Tuesday, February 14 & 28 - 9:00 a.m. - 12:30 p.m.  
Arts & Crafts Room. Both relaxing and rejuvenating - men and women can enjoy a spa-quality facial from a Licensed Master Esthetician. Be good to your skin! Choose 15 min. for \$5 or 30 min. for \$10. Call the Senior Center for an appointment at 781-942-6794.

## Manicures

Thursday, February 9 & 23 - 9:30 a.m. - 1:00 p.m.  
Arts & Crafts Room Enjoy a manicure with our Licensed Manicurist. \$5.00 or \$6.00 French. Call the Senior Center to schedule a ½ hour appointment at 781-942-6794.

## Roberta Our Hairdresser

Tuesday Feb 21 - 9:30 a.m. - 1:00 p.m. Arts & Crafts Rm.  
Call 781-245-6605 for an appointment. \$14.00/haircut

## Shopping



### Target or Woburn Mall/Kohl's for Everyone

Friday, February 27 - 1:30 p.m.

### Wal-Mart for Everyone

Friday, February 13 - 1:30 p.m.

Monday, February 27 - 9:30 a.m.

### Downtown Errands for Everyone

Friday, February 13 - 9:30 a.m.

### Stop & Shop/Market Basket

Community Shopping (for seniors not living in senior housing)

Wednesdays 9:30 a.m. or 1:30 p.m.

Cedar Glen Thursdays - 9:00 a.m.

Tannerville Fridays - 9:00 a.m.

## Be a wise consumer and ask questions!

### SENIOR GROUPS

**Low Vision Group** - There will be NO meeting in February

**Alzheimer's /Memory Loss Caregivers'** - There will be NO meetings in February. Contact Marie Ammer @ 781-942-6659 or Dianne Luther @ 781-608-5271 for a home visit.

### Not Too Stuffy Book Group

Thursday, February 16 - 1:00 p.m. Lounge.  
Title: **One Good Dog** by Susan Wilson "After Adam March loses his job, his wife, and the life he has worked so hard to achieve, he must fulfill a community-service obligation at a soup kitchen, where he meets Chance, a pit bull bred for fighting who ends up being Adam's best shot at redemption."

**NOTE:** Don't forget to visit the Book Nook on the Lower Level of the Senior Center, in the Computer Room. New books arrive from the Reading Public Library on the third Friday of each month.

## Health & Wellness

### Zumba

Mondays, 9:15 a.m. & Wednesdays, 1:30 p.m. -  
Great Rm. \$4/session.

### Motion to Music

Tuesdays & Thursdays, 9:00 - 10:00 a.m. Great Rm. Total  
body workout with aerobics, weight training, and stretching.  
\$15/month; Drop-ins \$3/session.

### B.E.S.T. - Balance, Energy, Strength, Training

Fridays, 9:00 - 10:00 a.m. Lounge. \$2/Session.

### Yoga

Wednesdays, 9:30 - 10:30 a.m. 4 weeks for \$32 or \$10/Class.

### Tai Chi

Mondays, 2:00 p.m. - February 27 to May 14.  
12 classes for \$45 or \$5/class.

### Health Screenings - Blood Pressure Check -

Tannerville Thursday, February 9 - 10:30 - 11:30 a.m.

Peter Sanborn Place Thursday, Feb. 16 - 10:30 - 11:30.

Senior Center Thursday, Feb 23- 11:00 a.m. - 12:00 p.m.

Cedar Glen: Call Dina, PHN for appointment 781-942-6656.

### Podiatry Clinic Monday, February 13 - Noon - 6:00 p.m.

Arts & Crafts Room. Call Dr. Connolly directly at 781-438-2525 to  
schedule an appointment. The cost is \$30 for a Senior Center visit  
and \$50 for a home visit.

### Nurse Advocate Visit (Cedar Glen)- Tuesday, February 14 -

5:30 pm-7:00 pm. Join Dianne Luther for some refreshments  
and a talk about preventing winter viruses. She will be  
available afterwards for individual appointments and to  
answer questions. Call ahead to reserve your spot  
781-608-5271. Snacks served. Dianne will be hosting these  
talks once a month at a different location and a different topic.

## Library Happenings

### Livewires: Tues., February 14 - 10:00 a.m.

(Coffee & refreshments will be served at 9:30 a.m.) LOCAL  
COLOR (rescheduled from an earlier date). Jim McAllister  
will tell tales of some of the region's most colorful characters.

**Livewires: Tues., February 29 - 7:00 p.m. BICYCLING  
NORTH OF THE ARTIC CIRCLE.** Local resident and  
amateur cyclist Denis Beaudry will show photos and tell  
about his long-distance bicycle trip in northern Scandinavia

**Drop in Chess: Saturday, February 18 - 3:00 - 4:00 p.m.**



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MONDAY	TUESDAY	WEDNESDAY
	<p>Free transportation is available within Reading for programs written in <b>BOLD</b></p>	<p>9:30 Klickity Klack            9:30 Community Sh            10:00 Billiards            12:00 Lunch            1:30 Community Sh            1:00 Quilting            1:30 Bereavement            3:00 Computer Less            Stuffed Shells w/meatba            Tuna Salad w/lettuce lea</p>
<p><b>NO Van Today</b></p> <p>9:15 Zumba            12:00 Lunch            1:00 Cribbage            3:00 Computer Lesson            Turkey Marsala w/Creamy Parmesan            Polenta or Egg Salad Sandwich</p> 	<p>9:00 Motion to Music  <b>9:00 Computers with Dick</b>  <b>10:00 Computers with Dick</b>            12:00 Lunch  <b>1:00 Bingo or Practice Bridge</b>            Tuna Noodle Casserole w/Mushrooms            or Roast Beef and American Cheese            Cottage Cheese Fruit Plate</p>	<p>9:30 Klickity Klack            9:30 Community Sh            10:00 Billiards            12:00 Lunch            1:30 Community Sh            1:30 Zumba            3:00 Computer Less            Greek Chicken w/Lemor            Chicken Caesar Salad w</p>
<p>9:15 Zumba            9:30 Downtown Errands            1:00 Cribbage            12:00 Podiatry            12:00 Birthday Lunch            12:45 Movie            1:30 Walmart            3:00 Computer Lesson            6:30 COA            Honey Mustard Chicken or            Ham w/American Cheese</p>  	<p>9:00 Facials or Motion to Music            9:00 Fuel Assistance            9:00 Computers with Dick            10:00 Computers with Dick            11:00 Fix It            12:00 Valentine's Day Lunch            1:00 Practice Bridge            1:00 Bingo            5:30 Nurse Advocate (Cedar Glen )            Roast Turkey with Jardiniere Gravy, Baked            Stuffed Potato w/Broccoli Cheese Sauce</p> 	<p>9:30 Klickity Klack            9:30 Community Shc            10:00 Billiards            12:00 Lunch            1:30 Community Shc            1:00 Quilting            1:30 Bereavement            1:30 Party Bridge or            3:00 Computer Lesso            Beef Stew or Chicken Salad</p>
<p><b>Senior Center and Town Hall Closed</b></p> <p><b>Presidents' Day</b></p> 	<p>9:00 Motion to Music            9:00 Computers with Dick            9:30 Hairdresser            10:00 Computers with Dick            12:00 Lunch /Schl Super'ent            12:00 Mardi Gras - Dessert &amp;            Surprise Entertainment            1:00 Bingo or Practice Bridge            Beef Burgundy or BBQ Chicken Patty w/            Mozzarella Cheese</p> 	<p>9:30 Klickity Klack            9:30 Community S            10:00 Billiards            12:00 Lunch            1:30 Community S            1:30 Party Bridge            3:00 Computer Les            Macaroni and Cheese            Seafood Salad w/Lettuce</p>
<p>9:15 Zumba            9:30 Walmart            12:00 Lunch            1:00 Cribbage            1:30 Target/Kohls/Woburn Mall            2:00 Tai Chi            3:00 Computer Lesson            Pot Roast w/Sweet Onion &amp; Mushroom Gravy</p>	<p>9:00 Motion to Music            9:00 Computers with Dick            9:00 Facials            10:00 Computers with Dick            12:00 Lunch            1:00 Bingo            1:00 Practice Bridge            Chicken Breast w/Gravy or Tuna Salad            w/Lettuce Leaf</p>	<p>9:30 Klickity Kla            9:30 Community            10:00 Billiards            12:00 Lunch            1:30 Community            1:30 Party Bridge            3:00 Computer Le            American Chop Suey w/Pa            Egg Salad w/Lettuce Leaf</p>

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SDAY	THURSDAY	FRIDAY
Yoga ing  ing or Party Bridge  Zumba  nd sauce or	<b>1</b>  <b>9:00 CG Shopping</b> <b>9:00 Motion to Music</b> <b>10:15 Cheryl/Congressman Tierney's Office</b> <b>11:30 Memoir Writing Group</b> <b>12:00 Lunch</b> <b>12:30 Drop in Game Day</b> <b>1:00 Bingo</b> Build a burger w/American cheese or Seafood Salad on lettuce leaf	<b>2</b>  <b>9:00 BEST</b> <b>9:00 FTD Shopping</b> <b>10:00 Painting</b> <b>12:00 Lunch</b> <b>1:00 AA</b> <b>1:00 Chess</b> <b>1:15 Party Bridge</b> <i>Potato Fish Filet w/Lemon Dill Sauce or            Boneless Chicken Breast</i>
Yoga ing  ing or Party Bridge  ve Rice or Italian Dressing	<b>8</b>  <b>9:00 CG Shopping</b> <b>9:00 Motion to Music</b> <b>9:30 Manicure</b> <b>11:30 Memoir Writing Group</b> <b>12:00 Lunch /Selectmen Goldy</b> <b>12:30 Drop in Game Day</b> <b>1:00 Bingo</b> Reduced Sodium Hot Dog or Cottage Cheese Fruit Plate	<b>9</b>  <b>9:00 BEST or FTD Shopping</b> <b>9:00 SHINE</b> <b>10:00 Painting</b> <b>12:00 Lunch</b> <b>1:00 AA</b> <b>1:00 Chess</b> <b>1:15 Party Bridge</b> Meatloaf and Brown Gravy or Turkey and Provolone Cheese
oga ing or Coffee Social  ing  nba  lettuce leaf	<b>15</b>  <b>9:00 CG Shopping</b> <b>9:00 Motion to Music</b> <b>11:30 Memoir Writing Group</b> <b>12:00 Lunch</b> <b>12:30 Drop in Game Day</b> <b>1:00 Bingo</b> <b>1:00 Book Club</b>  Salmon Boat w/Lemon Dill Sauce or Chef Salad w/Lite Italian Dressing	<b>16</b>  <b>9:00 BEST</b> <b>9:00 FTD Shopping</b> <b>10:00 Painting</b> <b>12:00 Lunch</b> <b>1:00 AA</b> <b>1:00 Chess</b> <b>1:15 Party Bridge</b> Cheese Lasagna with Meatball or Seafood Salad w/Lettuce Leaf
Yoga opping  opping Zumba  af	<b>22</b>  <b>9:00 CG Shopping</b> <b>9:00 Manicure or Motion to Music</b> <b>11:00 Blood Pressure</b> <b>11:30 Memoir Writing Group</b> <b>12:00 Lunch</b> <b>12:15 Town Manager</b> <b>12:30 Drop in Game Day</b> <b>1:00 Bingo</b> Chicken w/ Creamy Italian Sauce or Roast Beef with Swiss Cheese	<b>23</b>  <b>9:00 BEST</b> <b>9:00 FTD Shopping</b> <b>10:00 Painting</b> <b>12:00 Lunch</b> <b>1:00 AA</b> <b>1:00 Chess</b> <b>1:15 Party Bridge</b> Baked Fish w/Lemon Sauce or Cottage Cheese Fruit Plate
or Yoga opping  opping r Zumba on san Cheese or	<b>29</b>  <b>These are destination arrival times</b>  <b>Please be ready</b> <b>30 minutes – 1 hour prior to the time</b> <b>listed.</b>  <b>Thank you</b>	<b>ABBREVIATIONS</b>  CG = Cedar Glen FTD = Frank Tanner Drive  Free Transportation is available within Reading for programs written in <b>BOLD</b>

<p>EXCEPTIONAL HEALTHCARE. EXTRAORDINARY HOSPITALITY. RIGHT NEARBY.</p> <p>Short-Term Rehabilitation Long-Term Care</p> <p>WHERE HEALTHCARE AND HOSPITALITY MEET</p>	 <p><b>WINGATE</b> AT READING</p> <p>1364 MAIN STREET READING, MA 01867 1-800-WINGATE</p> <p>WINGATEHEALTHCARE.COM</p>	 <p><b>JAN TRIGLIONE</b> <b>SENIORS REAL ESTATE SPECIALIST</b> <b>PREMIER REALTY GROUP, Inc.</b></p> <p>553 Main St Reading, MA 01867 <b>781.944.4140 or 781.864.2448</b></p>
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## Classes, Crafts & Games

### Klickity Klack Group

Every Wednesday 9:30 a.m. - 11:00 a.m. Arts & Crafts Room

### Painting Group

Every Friday 10:00 a.m. - 12:30 p.m. - Arts & Crafts Room  
Painters are welcome to drop in to paint and socialize. No instructor, come enjoy 2 1/2 hours of painting and socializing together. Limit 6 - call to reserve your spot.

### Writing to Remember ~ Warm Up Your Winter With Stories!

Every Thursday 11:30 a.m. - 1:30 p.m.  
The Writing Group is led by Writing Facilitator, Vici Riel-Smith. Cost for full session is \$48 paid at first class or a weekly fee of \$10. For more information call Vici at 978-835-4021.

The cold of winter is the perfect time to curl up with a good book and get lost in a great story. Every Thursday at the Senior Center the Memoir Writing Group gathers to write and read our own great stories. Enjoy a warm welcoming group, take the time to reflect on your life.

**Quilting** Wednesday, February 1 & 15, 1:00 p.m.


### Computers with Dick Svirsky


Tuesdays 9:00 - 10:00 a.m. & 10:00 - 11:00 a.m.

### Computer Lessons with Stanley, RMHS Student

Every Monday and Wednesday afternoons from 3:00 - 4:00 p.m.

### Games People Play

Monday, 1:00 - 3:00 p.m. **Cribbage** 

Tuesday & Thursday, 1:00 - 2:30 p.m. **Bingo** 

Wednesday, 10:00 - 11:15 a.m. **Billiards** (No van).

Billiard table is available Monday - Friday 9:00 a.m. - 4:00 p.m.

Friday, 1:00 - 3:00 p.m. **Chess** (No van).

### Party Bridge two times a week!

Cost is \$1.00 to play. Maximum of 32 players for Bridge.

Wednesday, 1:30 - 3:30 p.m. Game Room

Friday, 1:15 - 3:45 p.m. Game Room

### Drop in Game Day

Thursday, 12:30 - 3:30 p.m.

### Practice Bridge

Tuesday, 1:00 - 3:00 p.m. Game Room



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## ANNOUNCEMENTS

**Free Income Tax Preparation with Electronic Filing is Available for Seniors**

Persons age 60 and older can receive help with their tax forms between Feb. 2 - Apr. 14. Assistance will be available at the following 3 handicapped accessible locations:

**Thursdays** - St. Athanasius' Parish Activities Center (9:00 a.m. - 1:00 p.m.) by appointment only - call 781-942-6608 for an appointment

**Saturday's 02/04 - 04/14 (except for 03/17)** - Reading Municipal Light Dept. back entrance (9:15 a.m.- 1:00 p.m.) Walk-ins are welcome - no appointments

**Saturday (03/17)** - Reading Public Library (9:15 a.m. - 1:00 p.m.) Walk-ins are welcome

Please bring the following forms with you when you come to have your taxes prepared: W-2 forms; Social Security & pension information; Tax forms sent by banks and other financial institutions; Property tax & water bills; copies of 2011 MA and Federal tax forms; estimated taxes paid in 2011; 2011 costs for making your home energy efficient; health insurance card - 2 cards for married taxpayers; Form MA 1099-HC. In general, please bring ANY paperwork you think is REMOTELY pertinent to filing your return.

**MEDICARE CORNER Important News from SHINE**

**You may be able to still change your Medicare Plan?** The 2011 Medicare Open Enrollment period ended on December 7, but there are still a few changes you can make, if you qualify.

**For those with a Medicare Advantage Plan:** Between January 2 and February 14, you can leave your plan and switch to Original Medicare, but you cannot switch to another Medicare Advantage Plan.

**For those with a Tufts Medicare Prescription Drug Plan (drug coverage only) in 2011:** If you did not select a different Medicare drug plan for 2012, then you are currently without drug coverage. You have until the end of February to enroll in a new Part D drug plan for 2012, which will begin the first of the month after your enrollment.

**For those with Prescription Advantage or getting "Extra Help" paying for prescription drugs:** You can change your plan anytime during the year. Those with Prescription Advantage **can do this only once each year.** Those with "Extra Help" **can change every month.** Trained SHINE (Serving Health Information Needs of Elders) volunteers can help you! They offer free, confidential counseling on all aspects of health insurance to anyone on Medicare. Call your senior center and ask for a SHINE appointment. You can also call 1-800-243-4636 A volunteer will call you back, as soon as possible

Do you have a NEW Medicare Part D plan and have just found out that your new plan does NOT cover a drug you have been taking, you'll want to know about transition refills. Transition refills may give you temporary coverage (one-time, 30-day supply) for a drug that is not on your new plan's formulary or that has restrictions such as prior authorization or step therapy.

It is important to understand that a transition refill is only a temporary solution. You need to call your doctor immediately to talk about either switching to a drug that your plan does cover or you have to file a request with your Part D plan for a "formulary exception" (which may not be approved).

A transition refill is not for new prescriptions. You can only get one if you were already taking the drug before you signed up for a plan. Also, a transition refill does NOT apply to drugs that Medicare does not require Part D plans to cover (such as **Valium and Ativan**).

Not all pharmacists know about transition refills. Ask your pharmacist to call your Part D plan for special instructions.

\*\*Thank you to Reading Cub Scout Pack 702 for their homemade cards which were given to the Christmas Meals recipients as well as lunch participants

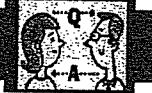






\*\*Thank you to everyone who donated an item to the EMARC Giving Tree. It is wonderful to give back to the community and provide others with some Comfort & Joy

\*\*Thank you to Nancy O'Brien, the Brownie Troop Leader, who organized the Silly Sock Swap.



\*\*Thank you to Cheryl Webster and Jenny DiMuzio for bringing the Coolidge Middle School Hand Chime Choir and the Parker Middle School Select Chorus.

**CHIT CHAT****BRING YOUR QUESTIONS AND CONCERNS**

**Congressman Tierney's Office**   
Thursday, February 2nd - 10:15 a.m.  
**Board of Selectmen Office Hours**  
Tuesday, Feb. 7th - 6:30 - 7:00 p.m.  
Town Hall Conf. Rm.  
**Selectman Steve Goldy**   
Thursday, February 9th - Noon.  
Great Room  
**Meet the Town Manager**   
Thursday, February 23rd - 12:15 p.m.  
**School Superintendent**   
Tuesday, February 21st - 12:15 p.m.  
Great Room

For information relating to current legislative issues affecting Reading seniors, please call Sally Hoyt, Senate President, at 781-944-1191

**FUN & GAMES**



**CRYPTO QUOTE**

**How is your memory? Where is it?  
Do you know the date of this picture  
and where it is in Reading?  
Come to the Senior Center and find out  
Thank you to the Reading Public Library  
photograph and postcard collection for providing us with some  
great photos.**



**Valentine's Day: e.g. Love**

- VHXQYFW
- FOJCU
- VHDWD
- FNHFHTQBWD
- NWQVBD
- RWKVOQVZ
- RHOVBWWYBN
- PCRB
- ACDD
- FQVUD

**Hint: W = E**

**Words of Love e.g. Crush**

- XCCFZVJLG
- ZKFYJNK
- UFXYG
- WXNNJLG
- JGCXVOXVFB
- XBLYF
- DLYNKJW
- XSLYLON
- FGZKXGVFB
- CLGBGFNN

**Hint: F = E**

**Answers at the Senior Center**

**WINNER'S CIRCLE**



**Bingo winners for December - Eva Akanson,  
Mary Sullivan, Carol Holland, Maria Dinjian, Johanna  
Bisschop, Pauline Teixeira and Sheena Rauseo**

**Bridge winners for December - Gloria Frazier (3 times),  
Lillian Turner, Ernie Arsenault, Fran Vennoch, and George  
Wetmore**

**EASY RECIPES**

We're looking for very easy recipes as well as recipes for one. Any recipes can be left at the Reception Desk in an envelope with my name on it (Betty Cronin). Thanks

**DISCLAIMER:** Programs and advertisements are a resource and do not constitute an endorsement by the Town of Reading

**READING ELDER SERVICES  
16 LOWELL STREET  
READING, MA 01867**

**PRSR STD  
US POSTAGE PAID  
READING, MA  
PERMIT NO 88**

**DID YOU KNOW:**

You can obtain a copy of the *Pleasantries* at several locations around town or via email.  
If you would like to be removed from the mailing list and/or sign up to receive it via email, please call Ann at 781-942-6608.



## READING COMMUNITY ALERTS

Get alerted about emergencies and other important community news by signing up for our Emergency Alert Program. This emergency notification system enables the Town of Reading to provide you with critical information quickly in a variety of situations, such as severe weather, road closures, missing persons, and evacuation of buildings or neighborhoods. You will receive time-sensitive messages wherever you specify, such as your home, cell, or business phone, e-mail, text messages, hearing impaired receiving devices, and more. You pick where, you pick how.

To sign-up for Community Alerts visit the town website at [www.ci.reading.ma.us](http://www.ci.reading.ma.us) and click on **RCA: Community Alerts**

Or for more information or assistance call the Sr. Center at (781) 942-6794. We would be happy to help in signing up for this important program.

**\*\*You will need to create an account with an email address**

## Subscribe to the *Pleasantries!*

Free Email Subscription: Sign up at <http://readingma.gov/subscriber>.

**Mail Subscription:** If you would like to receive our monthly newsletter by mail for 2012, please send a check for \$5.00 to Elder Services, 16 Lowell St, Reading. Subscriptions do NOT automatically renew. To continue receiving Pleasantries make sure to send in a new subscription.

Consider a gift subscription for a neighbor or friend. We will notify the receiver of your kindness. Makes a thoughtful gift for \$5 a year.

### *Pleasantries Subscription*



Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Gift for (if applicable): \_\_\_\_\_

Please return this form with a check for \$5 made payable to the  
Town of Reading